

Pediatric Urology of Western New York, P.C.

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Phone: (716) 878-7393

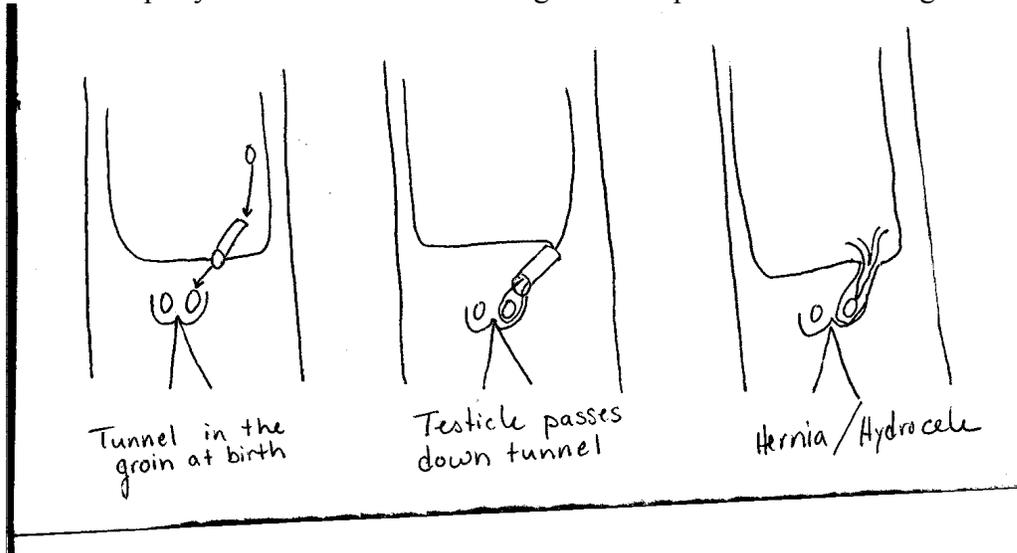
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www.pediatricurologyofwny.com

Hernia/Hydrocele Repair

A hydrocele is a collection of fluid inside the scrotum. This often presents with an inguinal hernia. Hydroceles and hernias are generally painless. Hydroceles are frequently seen by a difference in size of the scrotum. Hernias may be noticeable by a painless mass in the inguinal or scrotal area.

Prior to birth, the testes move down into the scrotum through the inguinal canal. In some boys, this tract does not close and it allows fluid to travel from the abdomen, down to the testes. Failure to close this tract allows the fluid to continue to collect inside the scrotum. It can also put your child at risk for having bowel slip into the tract and get stuck.



You will be receiving a packet in the mail asking you to call and confirm your son's date and time for surgery. During that phone call, you will receive instructions on when to arrive at the hospital, when to have your child stop eating and when to have them stop drinking.

Please note: Do **NOT feed** your child solids **after midnight** the night BEFORE surgery. When you confirm your surgery, you will be told what time your child needs to stop drinking clear liquids (ie: pedialyte, apple juice, white grape juice, or water for older children)

The day of the procedure:

Please arrive promptly at admissions to check in. Please **make sure your child followed the food and drink restrictions** given to you during your confirmation phone call.

Your child will go to the operating room and have general anesthesia for the procedure. This operation takes approximately one hour. You will be given a pager to notify you when the surgery is done. You can wait in the 2nd floor Surgical waiting room. After the surgery, your child will recover in the recovery room for about an hour. The doctor will speak with you after the surgery, prior to leaving the recovery room. Your child will then go to a day surgical hospital room until they fully wake up and drinks well. You will be

discharged later the same day.

What to expect:

In the groin, there will be a small incision with sutures, covered by a clear dressing. These sutures will dissolve on their own. Do NOT worry if you see blood under the dressing, this is normal. Please peel off the dressing after 7 days, if it does not come off on its own.

Your child may be sore for 2-4 weeks after surgery.

After Surgery

Pain Medication:

Tylenol or Motrin as needed. You may receive a prescription for a stronger pain medication for the first 24 hours after surgery. The prescription medication commonly causes constipation. Constipation will make your child's discomfort worse. Please make sure your child is having a soft stool regularly. Prunes or prune juice can help if they are constipated

Bathing: Will be discussed at your pre-operative appointment.

Eating: Normal diet.

Activity: Your child should avoid riding toys, rough play, heavy lifting, contact sports and gym classes for 3 weeks.

School: May return to daycare in 3-4 days. May return to school in 1 week.

When to call: (716) 878-7393

Do not hesitate to contact us if you have questions regarding your son's condition or medications.

Please call us immediately if your son has excessive bleeding.

Follow up appointment: (716) 878-7393

Please call the office the next business day after surgery and schedule a follow up appointment for 2 weeks after the day of surgery.

CUPID: Center for Urology and Pediatric Incontinence Disorders

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