

# Pediatric Urology of Western New York, P.C.

219 Bryant St. Buffalo, NY 14222

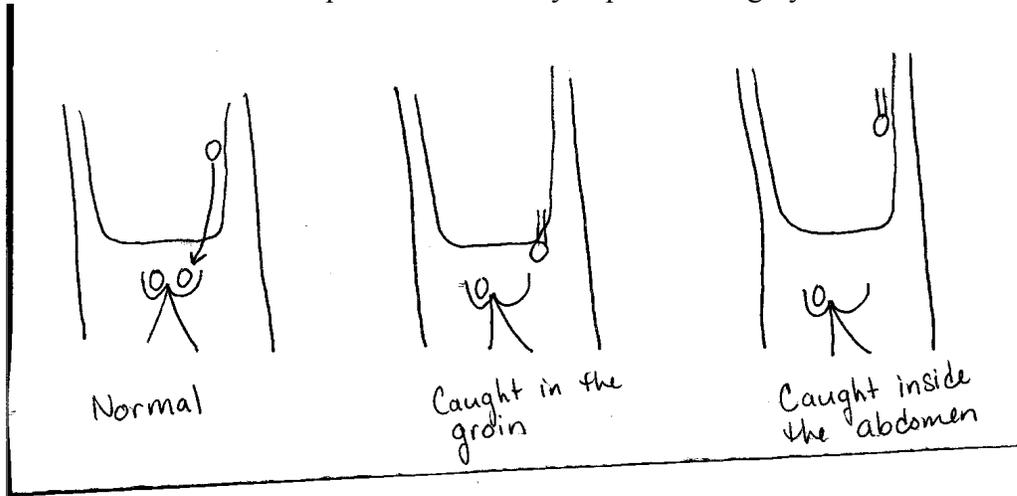
Phone: (716) 878-7393

Fax: (716) 878-7096

[www.pediatricurologyofwny.com](http://www.pediatricurologyofwny.com)

## Orchidopexy

An Orchidopexy is an operation for an undescended testicle. The testicle should normally be in the scrotum. When it fails to move into the scrotum on its own, the testicle can become stuck in the groin area. In some boys, the testicle is high inside the abdomen and cannot be felt. In this instance, a laparoscopy is usually done during the surgery to look for the testicle. Sometimes there is no testicle or the testicle is very high. If the testicle is very high, it may require a multiple step operation to bring it down. The doctor will discuss these possibilities with you prior to surgery.



You will receive a letter asking you to call and confirm your child's date and time for surgery. During that phone call, you will receive instructions on when to arrive at the hospital. **Please note:** Do **NOT feed** your child solids **after midnight** the night BEFORE surgery. When you confirm your surgery, you will be told what time your child needs to stop drinking clear liquids (ie: pedialyte, apple juice, white grape juice, or water for older children)

### The day of the procedure:

Please arrive promptly at admissions to check in. Please **make sure your child followed the food and drink restrictions** given to you during your confirmation phone call.

Your child will go to the operating room and have general anesthesia for the procedure. This operation takes approximately 1-2 hours. You can wait in the 2<sup>nd</sup> floor Surgical waiting room. After the surgery, your child will recover in the recovery room for about an hour. The doctor will speak with you after the surgery, prior to leaving the recovery room. Your child will then go to a day surgical hospital room until they fully wake up and drink well. You will be discharged the same day.

### What to expect:

In the groin, there will be a small incision with sutures, covered by a clear dressing.

These sutures will dissolve on their own. Do NOT worry if you see blood under the dressing, this is normal. Please peel off the dressing after 7 days, if it does not come off on its own.

Your child will also have a small incision on his scrotum. The scrotal incision will have a shiny, clear look to it due to use of a clear, self-adhering dressing. This dressing will wear off on its own as your child heals.

If your child had a laparoscopy, a small incision will be apparent in the belly button.

Thin tape will be covering this incision and will fall off in several days.

Your child may be sore for 2-4 weeks after surgery.

### **After Surgery**

#### **Pain Medication:**

Tylenol or Motrin as needed. You may receive a prescription for a stronger pain medication for the first 24 hours after surgery. The prescription medication commonly causes constipation. Constipation will make your child's discomfort worse. Please make sure your child is having a soft stool regularly. Prunes or prune juice can help if they are constipated.

**Bathing:** Will be discussed at your pre-operative appointment.

**Eating:** Normal diet.

**Activity:** Your child should avoid riding toys, rough play, heavy lifting, contact sports and gym classes for 3 weeks.

**School:** May return to daycare in 3-4 days. May return to school in 1 week.

**When to call:** (716) 878-7393

Do not hesitate to contact us if you have questions regarding your son's condition or medications.

Please call us immediately if your son has excessive bleeding.

**Follow up appointment:** (716) 878-7393

Please call the office the next business day after surgery and schedule a follow up appointment for 2 weeks after the day of surgery.

**CUPID: Center for Urology and Pediatric Incontinence Disorders**

**Saul P. Greenfield, MD**  
*Pediatric Urologist*

**Pierre Williot, MD**  
*Pediatric Urologist*

**Allyson Fried, CPNP**  
*Pediatric Nurse Practitioner*

**Sabrina Meyer, CPNP**  
*Pediatric Nurse Practitioner*

